

Information to Guardians(s) Regarding Health Care, Administration of Medication and Access to Boston Explorers Policies & Procedures

Care of Mildly Ill Campers

If a camper presents a mild illness (i.e. complains of a headache, stomach ache, sun burn/sun exposure or general unwell feelings), the staff must first determine the nature and severity of the condition. If the condition is deemed an emergency, the staff will call 911 or call Brenda Pring, MD, Health Care Consultant immediately. If the condition is deemed non-emergency, or one that does not require medical attention from a medical professional, Boston Explorers staff will follow the specific steps below:

1. Ask the child questions and observe to make sure the child is okay.
2. Monitor the child throughout the day.
3. Continue to assess the child's injury/illness to make sure what was first observed and treated is still the appropriate course of action.
4. Complete an injury report (within 24 hours), which will be filed in the camper or staff members individual file.
5. Enter information in the camp medical log.
6. Provide timely, full and accurate verbal notification to parent/guardian (or camp directors- so they can relay information to parent/guardian) regarding injury/illness.

General Unwell Feelings

If the camper is generally feeling unwell (fever, nausea, vomiting, diarrhea...) the staff will move the camper to the infirmary (room 023). A staff member will stay with the child for the entire time. The staff will monitor the camper's condition every 15 minutes in order to make a determination whether further attention or treatment is required. If the camper's condition does not improve within the first 30 minutes, the Staff will contact the camper's parent/guardian. If the parent/guardian cannot be reached, the Staff will contact authorized emergency Contacts for the camper to determine appropriate next steps.

Administration of Medication

Medications can only be given by the Health Care Consultant (HCC) or the Health Supervisor. **Only oral or topical** medications can be given by the Health Supervisor with the exception of the use of an EpiPen for a camper who the EpiPen has been prescribed with written approval of the parent/guardian.

Medication prescribed for campers brought from home shall only be administered if it is from the original container, with the complete pharmacy label and there is written permission from parent/guardian and the Health Care Consultant. Medication brought to camp from home is stored in its original container and stored in the locked medical cabinet, located in the infirmary (room 023).

When no longer needed or when the camp session is over, the medication is returned to the parent.

Licensure

Boston Explorers is licensed by the Boston Board of Health and complies with all regulations and safety standards for Recreational Camps for Children set forth by the Commonwealth of Massachusetts

Additional Policies and Procedure Copies of staff background checks, complete health care and discipline policies as well as procedures for filing grievances are available to parents/guardians upon request.